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Trudeau vows to compensate charities

'Make it right.' Premier Wall demanded Liberal leader repay $20K fee to speak at Saskatoon literacy conference

Justin Trudeau is promising to compensate all groups that paid him hefty speaking fees to participate in fundraising events since he became an MP.

The Liberal leader said Sunday he'll either give back the fees or find some other way to "make it right."

"I'm willing to pay all of the money back, if that's what it comes to," Trudeau told CTV's Question Period. "But I am going to fix this."

Trudeau has been under fire since Friday, when it emerged that he'd refused to reimburse the Grace Foundation, a New Brunswick charity that lost money after paying him $20,000 to speak at a fundraising event in June 2012.

Premier Brad Wall piled on, demanding that Trudeau repay the $20,000 fee he charged for speaking at a Saskatoon literacy conference last year. But the issue has been haunting Trudeau more generally since he voluntarily disclosed all his sources of income during the Liberal leadership race.

He revealed that he'd earned more than $1.3 million on the public-speaking circuit, including $277,000 in the four years after winning an election to become MP in 2008. Some of the groups from which he accepted speaking fees were charitable or non-profit organizations.

Trudeau stressed Sunday that all his speaking engagements were cleared by the federal ethics commissioner, that he never used any parliamentary resources to get to the events and that none of the money he earned went to finance his leadership bid, as Wall has charged.

THE CANADIAN PRESS

Wall's statement

Premier Brad Wall released this statement on Sunday:

- "I am pleased to hear that Mr. Trudeau has today agreed to repay the speaking fees he received from various charitable organizations since he was elected to Parliament. As I stated on Friday, elected officials are already paid to speak on important public matters by the taxpayers. I commend Mr. Trudeau for his reflection on this matter and for doing the right thing." METRO

AUTISM SPEAKS IN SASK.

Participants of the first annual Walk Now for Autism Speaks in Saskatoon can be seen near the finish line of Sunday's event. Organizers say although the walk marks the first time the event has ever been held in the city, it was a great success as roughly 600 people came out to participate, raising a total of more than $72,000 as of Sunday evening. **Story, page 3.** MORGAN MODJESKI/METRO

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Lucky break reunites Riders champion with stolen ring

Matt Dominguez.
Police believe Grey Cup treasure changed hands several times before it landed in their custody

ALYSSA MCDONALD
Metro in Regina

Matt Dominguez got a relieving call Sunday morning from Regina police.

His Grey Cup championship ring, which he won with the Roughriders in 2007, had been found — only one day after he reported it stolen from his vehicle outside his home in Moose Jaw.

"For it to be gone only 24 hours ... and for all these little things to have to have happened for them to retrieve it — it's kind of incredible," Dominguez said on Sunday.

The ring was found by chance in the pocket of a man arrested on Sunday morning for unrelated outstanding warrants on the 600-block of Victoria Avenue.

"I mean there was no tip or anything," said Sgt. Paul Selinger, watch commander for the Regina Police Service.

Dominguez — a receiver with Saskatchewan from 2003 to 2009 — tweeted about the stolen ring at about 7 a.m. on Saturday, noting he had left it in his vehicle after an event.

Police believe the ring changed hands several times and that the man found with it is not responsible for the theft.

"It is confusing, and I am a little bit baffled by it too," said Selinger.

"It's still going to be investigated and we'll ... answer some more questions."

Dominguez, who plans to pick up his ring on Monday, said he will be happy just to have it back on his finger.

Serendipity

"I am in awe of the luck involved."
Former Roughriders receiver Matt Dominguez

Former Roughriders receiver Matt Dominguez hoists the Grey Cup following Saskatchewan's championship win in 2007. He reported his championship ring stolen on Saturday morning. TROY FLEECE/THE CANADIAN PRESS FILE

Inaugural autism walk blows past goal

Saskatoon's first annual Walk Now for Autism Speaks is being heralded a success, with roughly 600 people coming out to Kiwanis Park on Sunday to show support.

As of that evening, the event had raised $72,000, exceeding its goal by more than $10,000.

"I'm just feeling a lot of hope and I am very happy as a fellow mom of kids on the spectrum that we were able to make this happen," said event manager Marcy Oakes Henschel as she fought back tears.

When asked about the importance of raising awareness, Oakes Henschel explained the walk gives families a chance to support each other while educating the public.

"For the families (and) the parents, often we'll go out into the community, and you're always feeling defensive because people don't understand autism," she said.

"Because it's called an invisible disability, people will often think your child is bratty or you're a bad parent — and I deal with that still on a daily basis — so it's really going to relieve a lot of stress for those family members."

Some of the walk participants, such as Brigitte McGhee, whose six-year-old son Owen was diagnosed with autism, said the event has introduced them to new support.

"We love our son so much, and he's got some of the best human characteristics there are — he's honest, he's direct ... but he does have some struggles," said McGhee.

"It was really nice to see lots of families out here because it's not just an isolated issue, and there are lots of people going through the same thing."

MORGAN MODJESKI/METRO

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OUTTABOUNDS

Israel in tough spot after Iran moderate win

Surprising victory. Reformist's win means Israel may have trouble rallying international support for sanctions — or military action

A supporter of Iranian presidential candidate Hasan Rowhani holds a poster of him during a celebration in Tehran, Iran, Saturday. VAHID SALEMI/THE ASSOCIATED PRESS

The surprising victory of a reformist candidate in Iran's presidential election has put Israel in a difficult position as it tries to halt the Iranian nuclear program: With Hasan Rowhani likely to enjoy an international honeymoon, Israel could have a hard time rallying support for new sanctions — or military action — against its arch foe.

The uncertainty facing Israel was evident Sunday in reactions among its leaders, who welcomed the signs of change in Iran while also warning the world should not be fooled.

"Let us not delude ourselves. The international community must not become caught up in wishful thinking and be tempted to relax the pressure on Iran to stop its nuclear program," Prime Minister Benjamin Netanyahu said. THE ASSOCIATED PRESS

Twics. Awareness group using Twitter bot to mimic Tourette's symptoms

SEAN MCKIBBON
Metro in Ottawa

An advocacy group for people with Tourette's syndrome is asking Twitter users to let a bot take over their accounts so it can blast out random stuff, including swear words, as a means of raising awareness.

"Wednesday from 9 o'clock on, tweets will come out from your Twitter handle with the equivalent of verbal tics. You won't know when they're coming and you won't know what they are saying, and that's to mimic the way that real verbal tics happen," said Cathy Wylie, president of the Tourette Syndrome Foundation of Canada. The automated tweets will come out with a link to surrenderyoursay.com so followers can find out more.

Tourette's syndrome is a neurological disorder characterized by involuntary vocal and physical outbursts. The stereotype of the syndrome is sudden, involuntary swearing, but it's not the norm, with fewer than 10 per cent suffering such outbursts, said Wylie.

Kids with the syndrome tend to get picked on by bullies and have trouble making friends, while among adults the unemployment rate is four times as high as the general population, Wylie said, adding that about 20 per cent of people with the syndrome report having been fired or passed over for jobs because of their illness.

However with therapy people can learn coping mechanisms and find ways to deal with the syndrome, Wylie said.

"It doesn't affect how smart they are, it doesn't affect what they can do."

Quoted

"It doesn't affect how smart they are; it doesn't affect what they can do."

Cathy Wylie, president of the Tourette Syndrome Foundation of Canada

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Assange slams U.K. for Snowden exclusion

WikiLeaks founder Julian Assange, left, appears with Ecuador Foreign Minister Ricardo Patino at the Ecuadorian Embassy in London Sunday. Assange has been thrust back into the spotlight lately because of comparisons between him and Edward Snowden, who leaked information on top-secret U.S. surveillance programs. After it was revealed the British government warned airlines not to allow Snowden to fly to the U.K., Assange on Friday had this to say: "The United Kingdom doesn't want to say no to the United States under any circumstances. Not in my case and not in the case of Mr. Snowden." FRANK AUGSTEIN/THE ASSOCIATED PRESS

Military

Army issues new rules for booze to mark milestones

The Canadian Army is all for its soldiers raising a glass to toast upcoming milestones, as long as nobody thinks there's a product endorsement going on.

National Defence has issued new guidelines to military units, including the army's most storied regiments, to govern the production and sale of commemorative beer, wine and spirits for a splash of celebrations expected next year.

The new rules include limiting the sale of commemorative alcohol to within the military, and requiring associations to ask for permission to use regimental logos.

The angst is driven by the production and online sale of Black Watch Whisky, which featured the famous unit's badge, armoury and a member in Highland dress.
THE CANADIAN PRESS

Data collection

Top names defend U.S. surveillance program

Current and former top U.S. officials defended the government's collection of phone and Internet data on Sunday talk shows, saying the operations were essential in disrupting terrorist plots and did not infringe on civil liberties.
THE ASSOCIATED PRESS

Information security

Feds want more agencies to stay quiet forever

The prime minister's national security adviser, lawyers who work on terrorism cases and analysts in the Privy Council Office would be forever forbidden from discussing aspects of their work under proposed new rules.

The Harper government wants to pull the cloak of secrecy over nine federal agencies and two now-defunct branches.
THE CANADIAN PRESS

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Pakistan. Two anti-polio health workers shot dead on vaccination drive

Gunmen killed two anti-polio workers on Sunday in northwest Pakistan, police said, the latest violence directed at efforts to eradicate the disease from the country.

The two attackers shot the two Pakistani health workers while they were on a vaccination drive in rural Kandar village, said Swabi district police Chief Mohammad Saeed. The gunmen arrived on foot and then disappeared, he said.

No one claimed responsibility for the attack. Some Pakistani militant groups oppose the vaccinations and accuse the workers of spying for the U.S. They point out the case of a Pakistani doctor used by the CIA to collect blood samples of the family of Osama bin Laden to track him down and kill him in Pakistan in 2011.

Islamic militants also try to block inoculation campaigns by portraying them as a conspiracy to sterilize people and reduce the world's Muslim population. Over the past year, nearly 20 health workers from the anti-polio campaign have been killed.

Pakistan is one of the only three countries, along with Afghanistan and Nigeria, still affected by the polio virus. THE ASSOCIATED PRESS

Security concerns

The World Health Organization said in late March that some 240,000 children have missed UN-backed vaccinations against polio because of security concerns in Pakistan's tribal regions bordering Afghanistan.

- The WHO said health workers have not been able to immunize children in the North and South Waziristan regions, Taliban strongholds, since 2012.

Turkey. Handling of protests to test Obama's relationship with PM

Government crackdowns against protesters in Turkey could test the close ties between U.S. President Barack Obama and Turkish Prime Minister Recep Tayyip Erdogan, a strategically important U.S. ally in a tumultuous region.

Erdogan said Sunday it was his "duty" to order riot police to evict activists occupying an Istanbul park that became a centre of defiance against his rule.

The demonstrations in Turkey, now in their second week, cropped up after Erdogan's visit to the White House last month, which highlighted a variety of issues on which the U.S. needs Turkey's help.

They include quelling the violence in Syria, stabilizing Iraq and stemming Iran's nuclear ambitions.

THE ASSOCIATED PRESS

Turkish police arrest a protester in Istanbul on Sunday.
RONNY ROMAN ROZENBERG/AFP/GETTY IMAGES

Sarajevo

One child killed, four injured by landmine

Police say five children accidentally set off a landmine while playing in Bosnia, and that one was killed and the others were injured.

The explosion happened on Sunday in Hadzici, a suburb of Sarajevo. A spokesman for the Sarajevo Kosevo hospital said the boys were injured in their abdomens, eyes and arms. Bosnia's 1992-95 war left the country filled with buried landmines.

THE ASSOCIATED PRESS

Cairo

Cleric sentenced over Bible burning

A Muslim cleric received an 11-year suspended sentence Sunday for tearing up and burning a Bible. It was a rare prosecution over attacks on faiths other than Islam.

THE ASSOCIATED PRESS

South Africa

Mandela's health improving

Former South African president Nelson Mandela is engaging with his family and seeing improvement from the recurring lung infection that forced him to spend a ninth day in the hospital on Sunday.

President Jacob Zuma said Mandela remains in serious condition but over the last two days his doctors have said improvements in his health have been sustained.

THE ASSOCIATED PRESS

EgyptAir

Passengers seek asylum in U.K.

Five passengers from an EgyptAir flight diverted to a Scottish airport over an apparent threat to destroy the plane are now seeking asylum in Britain. The New York-bound flight made an emergency landing on Saturday.

THE ASSOCIATED PRESS

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At G8, underlying worry is whether recovery lasts

Northern Ireland. Summit's agenda focuses on tax evasion and trade, but backdrop to talks is fraught global outlook

Europe is mired in debt and recession. Financial markets have hit violent ups and downs on fears that U.S. stimulus efforts may soon be scaled back. Japan is finally looking up after years of stagnation — but it remains an open question if the recovery will stick.

That's the global economy that will confront the heads of the Group of Eight leading economies as they gather Monday and Tuesday for their annual summit in Northern Ireland.

British Prime Minister David Cameron will serve as summit host for U.S. President Barack Obama and the leaders of Germany, Italy, Canada, France, Japan and Russia. At the top of the agenda: new co-operation to fight tax evasion and increase transparency among governments.

Also on the table will be how much help to give to rebels in Syria, and a push for lower trade barriers between the United States and the European Union.

Since last year's G8 meeting at Camp David in the U.S., there has been a modest economic upswing throughout the developed world and prospects are brighter after five years of turbulence and recession. Yet despite progress, the economic outlook remains fraught with uncertainties.

THE ASSOCIATED PRESS

Members of Oxfam wear masks depicting G8 leaders in Belfast, Northern Ireland, on Sunday, a day ahead of the start of the G8 summit. Oxfam said that G8 leaders must cook up the right deal to fight hunger and poverty by tackling tax dodging.

PETER MORRISON/THE ASSOCIATED PRESS

N.Y.C. Russian tycoon aims to meld minds and machines

Can the City That Never Sleeps become the City That Never Dies? A Russian multimillionaire thinks so.

Dmitry Itskov gathered some of humanity's best brains — and a few robots — at his Global Future 2045 conference in New York City on Saturday to discuss how humans can get their minds to outlive their bodies. Itskov, who looks younger than his 32 years, has an aggressive timetable in which he'd like to see milestones toward that goal met:

- By 2020, robots we can control remotely with our brains.
- By 2025, a scenario familiar to watchers of sci-fi cartoon show Futurama: the capability to transplant the brain into a life-support system, which could be a robot body. Essentially, a robot prosthesis that can replace an ailing, perhaps dying body.
- By 2035, the ability to move the mind into a computer, eliminating the need for the robot bodies to carry around wet, messy brains.
- By 2045, technology nirvana in the form of artificial brains controlling insubstantial, hologram bodies.

THE ASSOCIATED PRESS

Russian billionaire Dmitry Itskov speaks at the Global Future 2045 conference on Saturday in New York City. THE ASSOCIATED PRESS

BP oil spill. As cleanup patrols end, tar balls keep washing up on beaches

Finding tar balls linked to the BP oil spill isn't difficult on some Gulf Coast beaches, but the company and the government say it isn't common enough to keep sending out the crews that patrolled the sand for three years in Alabama, Florida and Mississippi.

Tourist John Henson of Atlanta disagrees, particularly after going for a walk in the surf off Gulf Shores, Ala. last week and coming back with dark, sticky stains on his feet.

Henson said there were plenty of tar balls to remove from the stretch of beach where he spent a few days, regardless of what any company or government agency might say.

Environmental advocates and casual visitors alike are questioning the Coast Guard decision to quit sending out BP-funded crews that have looked for oil deposits on northern Gulf Coast beaches on a regular basis since the 2010 spill spewed millions of gallons of oil into the Gulf after an explosion and fire that killed 11 workers.

The patrols ended this month as coastal monitoring reverted to the way it operated before the spill: The Coast Guard investigates beach pollution reported by the public, and conducts cleanup operations as needed.

THE ASSOCIATED PRESS

Quoted

"I was out there yesterday and stepped all in it."

Tourist John Henson, who encountered tar balls last week in the surf off Gulf Shores, Ala.

Cash Flow Expert to Reveal North America's Best Kept Investment Secret

by Jim Sloan
Financial Reporter

SASKATOON – Why settle for 1 to 2% interest from your local bank, when you could be earning 18%, 18%, 24% and even up to 36% return on your hard earned money?

According to Ted Thomas, one of North America's cash flow experts, who has been featured in Business Week, Wall Street Journal and USA Today, this is exactly the way that many wealthy people have been investing for decades.

This proven personal fortune money-making machine is called Government Certificates. With Government Certificates, you invest your money with the government and the government returns your money in guaranteed cheques plus 18%, 18%, 24% or even 36% more in interest.

Thomas explains the beauty of this exciting, simple investment is that it works for just about anyone - regardless of age, gender, education or experience.

This is the ideal investment for Canadians because you can invest by mail or do it over the Internet. You don't need a huge investment to start with Government Certificates - you can start with as little as $500.

The biggest advantage of this investment, Thomas says, is you don't have to be stuck with low bank interest rates, lackluster mutual funds, low performing stocks or negative cash flow real estate.

"Let me tell you about Cheryl Hyland of Brooks, Alberta," says Thomas. "She invested $7,300 in a Government Certificate and in less than 5 months, it was redeemed for $9,187.50 for a quick profit of $1,787.50.

Cheryl Hyland from Brooks, Alberta shows her 24.3% return!

That's a 24.3% return! When she contacted me with the good news, I calculated her annualized return... and it works out to a whopping 58.3%."

I asked Mr. Thomas the obvious question. "If this investment system is proven like you said it is, then why haven't we heard about Government Certificates?"

His answer was right to the point. "Stock brokers, financial planners and bankers aren't allowed to make commissions on them. Yet many bankers invest their 'surplus' money in Government Certificates to enjoy the amazing high returns. They pray that you won't learn what I'm revealing to you."

Ted Thomas will be explaining more about this proven cash flow system in an upcoming event called ***How CANADIANS Are Getting 18%, 24%, up to 36% Cash Flow Guaranteed by the US Government.***

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– Bobbi Capnerhurst, Saskatoon

I Never Left My Edmonton Home!
"I'm very pleased, no reason to leave home! With Ted's materials I learned how to do this online. In just 5 weeks after I started, I made myself thousands of dollars using your online process sitting in Alberta Canada. The first purchase in the states was valued at $57,000; I only invested $7,000. This training is unbelievable it's so easy! I found a whole new world of profits!"
– JP Cloutier, Edmonton

This Works for Seniors Too!
"Ted, I turned $30,000 into $130,000 and we had a ball!"
– Dorthea Gardiner, an 83 year old retired Toronto Certified Public Accountant (CPA)

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SUMMER BRAIN IN THE CITY

URBAN COMPASS

Hilary Nelson
saskatoon@metronews.ca

With the arrival of hot weather comes a phenomenon known as "summer brain"—a condition in which the cycle of complaints about the various indignities of the city bureaucracy fails to take hold.

Bridge-debate fatigue has set in, and city-council meetings are held to shunt off as many decisions as possible till the fall. Municipal reporters' main objectives turn to the genteel pursuit of Pimm's cups, and the most notable topic of discussion is the mayor's perplexing rigidity of schedule when it comes to a certain rainbow-hued week.

Now is the long, bright beer-time of the soul.

Also, deck patios are an excellent platform from which to observe the street sweepers as they wend throughout this gravel quarry we call home.

The city has heralded the arrival of hot weather by lobbing a few bones over the fence — the paving-repair online map, for one, and the new property-tax calculator on the city website, for another.

The transit department also observes the changing of the seasons by "adjusting" the bus service, and we are waiting with bated breath to find out where and when these routes will carry us.

I remain optimistic that there is no possible way that Saskatoon Transit can make its routes any worse. I am, however, looking forward to the new rapid-transit routes from Lakeview — it will be nice to see my friends who hiked down there several years ago and haven't been heard from since.

Not to be too hard on the bus system, though. They are saddled with the thankless task of stretching too few buses over too many streets while competing with such adverse conditions as construction, fare dodgers and frustrated lake-bound yuppies.

You get what you pay for and considering how much money per capita goes into transit, our ridership is more than we deserve.

After all, we're going to need every scrap of energy when cooler weather prevails and council grapples with such things as the rebalancing of the property-tax ratio. Another thing that was put off last week until the fall, this shifting of the tax burden from businesses to homeowners is supported by the Chamber of Commerce and, curiously enough, from what I can tell, no one else.

Prudent denizens of Saskatoon may want to keep an ear cocked for any summer schooling offered by the city on this issue.

After all, the city has conveniently provided you a tool to figure out your current tax rate.

ZOOM

It's all fur the exhibition

JENS MEYER/THE ASSOCIATED PRESS PHOTOS

Taking a leap of four-legged faith

White Swiss shepherd dogs Kenai, left, and Yasu jump into the water during the dog diving competition at the International Pedigree Dog and Purebred Cat Exhibition in Erfurt, central Germany, on Sunday.

Four thousand dogs and 150 cats from 20 countries were shown at the exhibition.

METRO

A Sphynx cat named Amhara's Mira waits at the cat exhibition.

Anything's paw-sible

- The event has been showcasing pets since its inception in 2000, and as of last year turned into a trade show.

Clickbait

Psst.... If you are looking for a way to prevent that pesky NSA from checking up on you, you can look into some of the many apps and add-ons that have been gaining in popularity because of their claims to protect your privacy. Here are just a few:

RedPhone:
Developed by Open Whisper Systems for Android, RedPhone's calls are encrypted between two users. They also have a text version: TextSecure.

Silent Circle:
You can join the circle of people who are already using Silent Circle's many data blockers. This one is for use on Android, iPhone, iPad and Windows and also lets you connect privately to people who aren't in the secret circle.

DoNotTrackMe:
The web add-on claims to put a lid on commercial web tracking from outside parties who come along and scoop your online trail, even if it is just playing MouseHunt and creeping Facebook.

Seecrypt:
For iOS and Android, Seecrypt is an app aimed at letting you call and text with others who use the service without having to worry about Big Brother looking over your shoulder. METRO

Comments

RE: Parliament Hill Tourist Guides Trained To Praise And Defend The Senate, published online June 16

The content of this article does not support the sensationalist headline. The NCC is not training an army of apologists or propagandists, they are training a group of young Canadians to provide information to visitors about Canadian governance (amongst many other topics).

What *would* have been sensational is if they had trained these summer students to greet visitors with a stinging indictment of the Upper Chamber or, for that matter, any other aspect of our governmental systems.

It should not, therefore, be seen as an apology for the Senate and its current troubles, nor a manifesto on what the Senate should be, but rather as what it is: a training manual intended to allow summer students to greet visitors with basic information about how Canada's government works.

Kris T posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

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MMVAs red carpet looks

Taking the time to reward entertainers for excellence in their fields is nice and everything, but everyone knows awards shows are really all about the red carpet. The MuchMusic Video Awards are no different:

METRO
saskatoon@metronews.ca

And the winners are ...

- **Video of the year.** Inner Ninja - Classified ft. David Myles, director: RT! Half Life Records/Universal Music Canada
- **Pop video of the year.** Desperate Measures – Marianas Trench, director: Kyle Davison 604 Records/Universal
- **Dance video of the year.** The Veldt – deadmau5 ft. Chris James, director: Manroop Takhar; Joel Zimmerman Ultra Music/ Universal
- **Hip hop video of the year.** Started From The Bottom – Drake, director: X, Universal
- **Rock/alternative video of the year.** Stompa – Serena Ryder, director: Natalie Rae Robison Serenader Source/Universal
- **Viral video of the year.** Gangnam Style – PSY Director: Lee Bo Young Universal Music Canada
- **Your Fave Artist/Group.** As Long As You Love Me - Justin Bieber
- **Your Fave Video.** Stutter - Marianas Trench, director: Kyle Davison
- **Your Fave International Artist/Group.** 22 - Taylor Swift

1 Taylor Swift. Black and white and Red hot

Despite being in the middle of a tour (she performed the night before to a bajillion teen girls at the Rogers Centre) Taylor looked lovely as always. **ALL PHOTOS THE CANADIAN PRESS**

3 Marianas Trench. Swimming choices

Every party needs someone to wear the proverbial lampshade. The MMVAs got four with these fetching mermaid-man rockers.

2 Kardinal Offishall. Brings the bling

Studded brass knuckles, two watches, and what appears to be a cranky sumo wrestler pendant might appear to be too much, but Kardinal keeps it together with a simple polo shirt.

4 Chavril. Matchy-matchy

Everyone's favourite (not!) two-headed CanCon celeb, Chad Kroeger and Avril Lavigne donned complimentary black leather, with a spikey crown for the lady. It even appears that they got the same dye-job at the salon.

5 Ed Sheeran. Let's go Blue Jays let's go

The folk-pop favourite went for local with a vintage looking (all the way in '93 era?) sports tee.

Online

Want all the behind-the-scenes action? Visit metronews.ca for a full list of winners and more on last night's MMVAs show.

metro
News worth sharing.

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Stamos still thinks about 'the one that got away'

John Stamos reveals that before he and Lori Loughlin played husband and wife on Full House, they actually dated briefly in real life — and the memory has stayed with him.

"We were friends, we were on the soaps together and we actually did date," Stamos says during a Huffington Post live chat.

"We went on a date to Disneyland before, you know, before we were both married. In real life, when we were 18, 19 years old. We did have some off timing, but no disrespect to her family and her husband now, I would say that she could be the one that got away."

Twitter

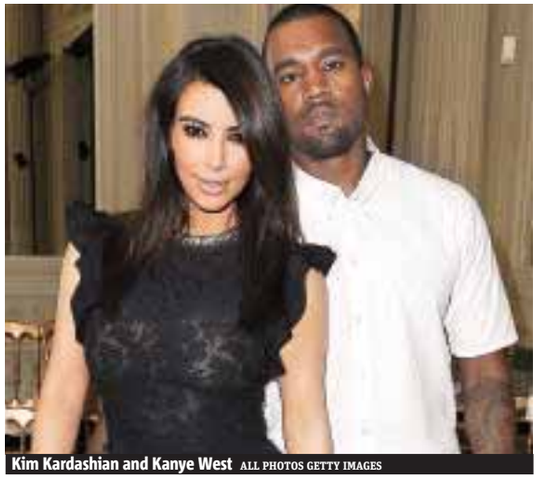
@ChloeGMoretz
When your phone tries to show you the stocks. No. Just. No iPhone.

@solangeknowles
Tilt, tuck, and tighten. No sit ups ever again.

@SarahKSilverman
There's no short cut. Even Batman has to do crunches.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Kim Kardashian and Kanye West ALL PHOTOS GETTY IMAGES

It's a girl for Kim and Kanye ... and she looks just like her mom

Kim Kardashian gave birth to a baby girl Saturday morning in Los Angeles, sources confirm to People magazine.

The baby, a first for Kardashian and boyfriend Kanye West, was believed to be due in July but arrived early, just days before the release date of West's new album, Yeezus.

Kardashian and West welcomed their daughter at Cedars-Sinai Hospital, and the new arrival already resembles her mom, a source tells E! News. "She looks just like Kim," the source says.

There has been no official word on a name for the little girl, but Kardashian reportedly told friends and family prior to the birth that her daughter's name "will start with a K."

Phillippe wants more for his kids

Ryan Phillippe says he and Reese Witherspoon aren't necessarily thrilled about the prospect of their children following them into the business, he tells E! News.

"I don't mean to dismiss or demean our industry, but I'd like to see them do something a little more meaningful and important. If I had the education and what they have offered to them as kids, I may have gone a different way."

Pop Goes the Week

Is Leo chasing an Oscar with yet another biopic?

STARGAZING
Malene Arpe
scene@metronews.ca

Leonardo DiCaprio may be playing Rasputin in an upcoming biopic. And if that doesn't finally get him an Oscar, he'll keep the long beard, move to Russia and become Putin's very special advisor.

Taylor Swift went to visit Gwyneth Paltrow in London. And now she's never ever going to eat processed food again.

Jeremy Irons says he feels sorry for high-profile people accused of sexual abuse. Jeremy Irons's manager says he feels sorry for the sock he's had to stuff into his client's mouth.

Lindsay Lohan is reportedly spending her time at Betty Ford writing letters to friends and acquaintances. Dear Charlie Sheen; thank you for the last care package. I particularly enjoyed the "cookies," the "toiletries" and the "not at all two baggies of meth." Love Lindsay.

Katie Holmes had dinner with Gloria Steinem. While that may seem odd, they had plenty of things to talk about as Gloria, of course, is concerned with women's freedom and autonomy and Katie recently discovered that those two things actually exist.

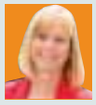
Russell Brand says he became a mailman because he figured he'd get a lot of sexy time along his route. It didn't work out that way and neither did his becoming a pizza delivery guy, a home repairman and a fire fighter who never wears a shirt.

It's looking more and more like Katy Perry and Robert Pattinson are dating. She really likes his looks and sense of humour and he likes that she's not his cheating, contractually-obligated-to-fake-date co-star.

Jennifer Aniston has had a chicken coop built on her new estate. Not to be outdone, Gwyneth Paltrow immediately begins writing a book about that one time when she invented eggs.

Travel Tidbit

Vital checkpoints



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Realizing you forgot your passport at the hotel or your iPhone in a cab is extremely stressful, especially when travelling with kids. Here are checkpoints for any traveller.

Airplane seat pockets
Never put anything in the airplane seat pocket that you want to have with you when you leave the plane. Keep a bag under the seat in front of you with these items.

Hotel Rooms
Do a room check every time you leave, including bathroom, closet, dresser drawers, even when you are sure you didn't put anything there — little hands move things.

Taxi Cabs
Resist taking items out in the cab but upon leaving, take a good backward glance in case phones, wallets or other valuables have fallen out of your pocket or purse.

Airport Security
We're used to "stripping down" for security, but double check that phones, wallet, belts, passports are with you.

Restaurants
Do what's known as the "mom check." Check the table, the floor, and all the chairs for forgotten items (those little hands again!).

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.

Exclusively online

Follow along with the comedic (mis-)adventures of mommyhood with Reasons Mommy Drinks online at metronews.ca/voices

Kids are kicking it old school this season with bowling, bubbles and chalk among the hot items as the weather continues to warm up — at least according to the Canadian Toy Association, which held a summer event highlighting this very important topic

THE CANADIAN PRESS

5 toys of summer

ALL PHOTOS: THE CANADIAN PRESS/MICHELLE SIU

Oversized inflatable bowling set

Bring the bowling alley to your backyard this summer with this giant set of bowling pins and bowling ball.

Bubbles

The Canadian Toy Association chair Kerry George said bubbles continue to be big with the younger crowd, from colourful solutions with the traditional built-in wand to machines cranking out the globules at the push of a button.

Chalk

For the more artistically inclined, sidewalk chalks in a multitude of hues — and even glittery varieties — will keep pavement Picassos occupied.

Airplanes and contemporary toys

Boys still love planes, cars and trains. One notable difference among some contemporary toys is the use of eco-friendly materials, like the PVC-free Green Toys Tractor from recycled milk jugs.

Inflatable playground set

Who doesn't love the feeling of going down a slide? With inflatable playground sets, kids can enjoy the feeling in their own backyard.

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Slide into barbecue season

Ingredients

Pineapple Salsa
- 1 can (375 ml/12 oz) pineapple tidbits
- 30 ml (2 tbsp) fresh lime juice
- 30 ml (2 tbsp) olive oil
- 1 garlic clove, crushed
- 1 ml (1/4 tsp) pepper flakes
- 5 ml (1 tsp) sugar
- 1 jalapeno pepper, diced
- 50 ml (1/4 cup) each diced red pepper and red onion
- 15 ml (1 tbsp) each finely chopped cilantro and parsley
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) pepper

Chicken Sliders
- 500 g (1 lb) ground chicken
- 45 ml (3 tbsp) finely crushed saltine crackers
- 15 ml (1 tbsp) pineapple juice
- 45 ml (3 tbsp) thick teriyaki sauce
- 5 ml (1 tsp) dried parsley
- 30 ml (2 tbsp) grated onion
- 1 ml (1/4 tsp) salt
- 2 ml (1/2 tsp) pepper
- 125 ml (1/2 cup) thick teriyaki sauce (to use for glazing after sliders come off grill), plus more for basting
- 16 to 18 small slider buns

This recipe makes 16 to 18 sliders. THE CANADIAN PRESS H/O

1. To make salsa: Drain pineapple tidbits, reserving 15 ml (1 tbsp) of liquid for sliders. Squeeze lime juice into glass bowl and add drained pineapple and olive oil. Stir in garlic, red pepper flakes and sugar. Stir veg and herbs into pineapple mix. Add salt and pepper. Refrigerate for at least 2 hours

2. In mixing bowl, place all ingredients except 125 ml (1/2 cup) teriyaki sauce and buns. Using hands, gently mix until all ingredients incorporated.

3. Form small meatballs and flatten in palm of your hand to make patties that are no larger than 7.5 cm (3 inches) in diameter. Place on parchment-lined baking sheet until ready to grill.

4. Grill chicken sliders, basting with teriyaki sauce on both sides. Cook sliders until a meat thermometer registers 74 C (165 F).

5. Heat 125 ml (1/2 cup) teriyaki sauce and pour into a glass baking dish. When sliders come off the grill, place into warmed sauce to glaze.

6. Toast split buns, if desired, and place meat on buns. Top with pineapple salsa. Serve. **THE CANADIAN PRESS/ MENNONITE GIRLS CAN COOK CELEBRATIONS BY LOVELLA SCHELLENBERG ET AL (HERALD PRESS, 2013).**

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

While Freshii is typically known for its healthy choices, there are some menu items that boast an excess of calories, fat and sodium.

Freshii Burrito

1,036 calories /60 g fat /1,315 mg sodium

This burrito has close to a day's worth of calories, fat and sodium. The tortilla and rice exceed your calories and carbs in one meal. The other culprits are the beef, cheeses, avocados and ranch dressing.

Equivalent

One Freshii Burrito with a whole wheat tortilla, brown rice, black beans, steak, jack and cheddar cheeses, avocado and ranch dressing is equivalent in fat to two 470 g McCain thin crust chicken and red pepper pizzas.

Freshii Turkey Wrap

262 calories/11g of fat/1,077 mg sodium

The turkey is leaner than the beef and the salsa replaces the high calorie and fat ranch dressing.

SALES REPRESENTATIVE

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short – we're still growing!

When you join Metro, you become part of a cross-country community. We strive to provide a culture that is engaging, flexible and creative; we value our employees and their feedback. Metro offers a comprehensive compensation and benefit package.

Metro Saskatoon is seeking an individual to achieve regional targets for print & online and other performance metrics by developing new business.

PRIMARY RESPONSIBILITIES:
- Manage and grow an assigned retail sales territory
- Design advertising programs to reflect the clients' objectives
- New Business Development
- Creatively negotiate rates
- Sell a portfolio of Metro branded products

REQUIREMENTS OF THE POSITION:
- Post secondary education in a related field
- 3 years experience in sales/media sales
- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than May 31, 2013. PLEASE QUOTE: "Sales Representative - Saskatoon" in the subject line. All submissions will be treated as confidential.

metro

Catch of the day in a taco

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients
- 1 large Hass avocado, peeled, pitted and cut into eighths
- 1/3 cup buttermilk
- 2 cloves garlic, minced, divided
- Juice of 1 lime
- Kosher salt and ground black pepper, to taste
- 3 cups shredded Napa cabbage
- 1 1/2 cups coarsely grated carrot
- 1 cup coarsely grated radishes
- 1/4 cup white wine vinegar
- 1/4 tsp sugar, or to taste
- Zest of 1 lime
- Hot sauce, to taste
- Eight 6-inch corn tortillas
- Whole-wheat flour, for coating the fish
- 1 lb tilapia fillets, cut into 8 equal pieces
- 3 tbsp vegetable oil
- Sliced fresh jalapeno peppers, to serve
- Chopped fresh cilantro, to serve

1. Heat the oven to 200 F.

2. In a food processor, combine the avocado, buttermilk, 1 clove of garlic, lime juice and salt and pepper. Puree until smooth, then set aside.

3. In bowl, combine cabbage, remaining garlic, carrot, radishes, vinegar, sugar, lime zest and hot sauce. Season with salt and pepper and toss well. Set aside.

4. Heat skillet (such as cast-iron or stainless steel, but not nonstick) over medium heat. One at a time, place the tortillas in the skillet and toast for about 30 seconds per side. As the tortillas are toasted, stack them on a sheet of foil. Wrap foil around the tortillas, then place them in the oven to keep warm.

5. In a wide, shallow bowl, combine about 1 cup of flour with 1 tablespoon of salt and 1 teaspoon of pepper. One at a time, dredge each piece of fish through the flour until coated evenly. Shake off any excess.

6. In nonstick skillet over medium-high, heat 1 tablespoon of oil over medium-high. Add half of the fish to the pan and cook, turning once, until golden and cooked through, about 3 minutes a side. Transfer to an oven-safe plate and set in the oven to keep warm. Repeat with the remaining oil and fish.

7. To serve, top each tortilla with a bit of the avocado purée, then a piece of fish. Drain cabbage mix, then mound some of that over each portion. Serve with jalapeno slices and cilantro on the side. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF THREE BOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.**

Evolution of the internship. Placements not only for the young

In The Internship, Owen Wilson and Vince Vaughn play two salesmen who find themselves vying for a tech internship after their careers have been wiped out by the digital age. HANDOUT

The process of hunting for, securing and ultimately completing an internship in a desired career field has evolved into a stressful reminder of the hurdles that await potential job seekers post-college graduation.

The recent release of the summer blockbuster, The Internship, starring Vince Vaughn and Owen Wilson, glamorizes one of the business world's most sought-after internships while lampooning the plight of two 40-year-olds who land a college tech geek's dream job — internships at Google. In the current business landscape, the movie's premise might not entirely be Hollywood fiction.

Michael Crom, executive vice-president of Dale Carnegie Training, evaluates trends in the business world, often working with companies to assess both paid and unpaid internships. As a leader of a global performance improvement, assessments and training company, Crom has seen the importance of internships, for both employer and intern, grow mightily in recent years.

The Internship is Hollywood satire, but is it reasonable to believe that companies could start hiring interns who aren't college-aged?

I think you may see some older people doing it if they make a career transition. Not all employers will accept someone who is not a college-aged intern, but there are those that would take a 40-year-old intern and benefit from it. Sometimes if you're laid off, for example, you might have some continued compensation and it might give you a few months to take an internship that is unpaid.

CHRIS LONGO, METRO WORLD NEWS

Ch-ch-ch-ch-changes

How have internships evolved over the last decade?

- "I think with the financial crisis, internships became more and more important," Crom says.
- "In some ways companies began to rely on interns in lieu of full-time and part-time people as a way to fill in some of the gaps that were created by the economic pressures. Many companies are putting a heavy emphasis on using this a screening tool."

Work from 'om': Breathe in a better business model

Free your mind, the rest will follow.

How moments of meditation can give workplace productivity a gentle boost

JANE BORDEN
Metro World News

Find your happy place at the foot of your desk. ISTOCK

Your business's productivity grows when employees increase focus, improve decision-making, unlock creativity and improve teamwork skills — all qualities enhanced by mindfulness meditation practices.

In 1995, Mirabai Bush helped found the Center for Contemplative Mind in Society, to explore how mindfulness practices, long used in alternative healing, might affect other sectors of American life. The centre developed programs working with lawyers and judges, social justice activists, higher-education organizations and journalists.

But it is Bush's work with businesses — like Google, National Grid, Monsanto and General Mills — that's really taking off. We asked her why.

Isn't it surprising that the corporate world is so open to meditation?

Well, successful businesses are extremely pragmatic. They'll do anything if it works. And the bottom line is measurable, unlike in other organizations. Also, in the last 10 years, there has been quite a lot of research on meditation's effects on the brain. All of this is interesting to people in business.

Which practices do companies find most effective?

It depends. We tailor workshops to an organization's needs. For instance, at Google, we realized that these very smart and competitive people had been in front of screens for most of their lives.

They're good at algorithms, but not necessarily at working together. So we set up practices that develop awareness of yourself and others and appreciation for others.

It's since been taught at Google headquarters in New York, Zurich, Beijing and Dublin. More than 1,000 engineers have gone through the program.

What's next? If companies are taking 101 now, what's the graduate-level course?

I've started teaching compassion meditations, which I'd at first thought would require too much vulnerability.

You mentioned that companies cite bottom lines, but what, to you, is the real payoff?

There are deeper benefits. If you pay attention to your breath for 20 minutes, you watch everything in your mind arise and fall away over and over again. You begin to appreciate constant change.

Keep calm and carry on

"There are deeper benefits. If you pay attention to your breath for 20 minutes, you watch everything in your mind arise and fall away over and over again."

Mirabai Bush
Founder of the Center for Contemplative Mind in Society

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Justin Rose celebrates with the U.S. Open Trophy following his win at Merion Golf Club on Sunday in Ardmore, Pa. ANDREW REDINGTON/GETTY IMAGES

Rose blooms in time for 1st major victory

Golf. Englishman calm in making clutch shots while Mickelson plays to sixth second-place finish at U.S. Open

A steady hand gave Justin Rose the shiny U.S. Open Trophy. A wild ride gave Phil Mickelson yet another silver medal.

Rose captured his first major championship on Sunday with remarkable calm and three pure shots on the punishing closing holes at Merion. A par on the 18th hole gave him an even-par 70, and that was good enough for him to become the first Englishman in 43 years to win America's national championship.

Rose hit 5-iron to the first cut of rough, pin-high on the 17th for an easy par. He smashed the most important tee shot of his career down the middle on the final hole, about 10 yards short of the famous Ben Hogan plaque. And his approach rolled near the pin and settled against the collar of the green.

"When I came over the hill and saw my ball laying in the fairway, I thought, 'This is my moment.' It was me hitting from the middle of the fairway," Rose said.

As usual, someone's big moment in the U.S. Open came at Mickelson's expense.

With fans chanting, "Let's go Phil!" Mickelson paced off a last-ditch effort to force a playoff. It was a long shot — the 18th hole didn't yield a single birdie all weekend. From about 40 yards away, Mickelson's chip for birdie raced by the cup, securing Rose's victory.

Mickelson, already in the U.S. Open record book with five second-place finishes, wound up with a bogey on the 18th for a 74 and tied for second with Jason Day, who closed with a 71. THE ASSOCIATED PRESS

Merion tames Tiger

Tiger Woods wore his usual Sunday red shirt, but it didn't keep him from quickly achieving a dubious double — out of bounds and a 3-putt on the same hole. That made for a triple-bogey 8 at No. 2. He shot a 74 to finish 13 over par.

- Sunday was five years to the day since Woods won the U.S. Open at Torrey Pines. His running tally of majors wins is stuck on 14, four shy of Jack Nicklaus' record.

WCFL

Valkyries lock up title in Regina

The Saskatoon Valkyries won their third Western Women's Canadian Football League championship over the weekend.

The Valkyries managed to defeat the Lethbridge Steel 27–13 at Regina's Mosaic Stadium on Saturday night.

In a message from the team's official twitter account, the Valkyries thanked their fans for the support: "Thanks to all the fans who braved the rain and the wind to cheer us on to a 27-13 victory and a third championship."

The Valkyries were 3-1 on the regular season before moving onto the Prairie Conference final where they defeated the Regina Riot to advance to the league championship game.

METRO

Iced-out accessory

Putin denies theft of Super Bowl ring

Russian President Vladimir Putin is denying insinuations that he stole New England Patriots owner Robert Kraft's Super Bowl ring that's now on display in the Kremlin, but says he's ready to buy him another ring as a gift.

"I took out the ring and showed it to (Putin). And he put it on and he goes, 'I can kill someone with this ring,'" Kraft said, as quoted by the New York Post. "I put my hand out and he put it in his pocket, and three KGB guys got around him and walked out."

THE ASSOCIATED PRESS

Green haunts Heat from beyond the arc

Danny Green reacts after shooting a three-pointer against the Heat during Game 5 of the NBA Finals on Sunday. ERIC GAY/THE ASSOCIATED PRESS

Manu Ginobili had 24 points and 10 assists in a surprise start to spark the San Antonio Spurs to a 114-104 victory over the Miami Heat in Game 5 of the NBA Finals on Sunday night, pushing the Spurs one victory away from their fifth championship.

Danny Green scored 24 points and broke Ray Allen's finals record for 3s in a series with 25. Tony Parker had 26 points for San Antonio.

LeBron James scored 25 points on 8-for-22 shooting for the Heat and Dwyane Wade had 25 points and 10 assists. But the Heat missed 21 of their first 29 shots to fall behind by 17 points in the second quarter of another uninspired performance.

Game 6 of the best-of-seven series is Tuesday night in Miami.

Whirling through the defence like the Manu of old, Ginobili shrugged off a postseason full of disappointment to deliver a performance that the Spurs have never needed more desperately. He hit eight of 14 shots and had his highest points total since June 4, 2012.

THE ASSOCIATED PRESS

Long-range record

25

San Antonio Spurs guard Danny Green has hit 25 three-pointers throughout the 2013 NBA Finals so far, eclipsing Ray Allen's finals mark of 22 set with the Celtics in 2008.

Horoscopes

♈ Aries
March 21 - April 20
Despite what you might believe, nothing is holding you back. It may seem as if barriers are blocking your path but the closer you get to them, the further away they will retreat.

♉ Taurus
April 21 - May 21
You may have a lot of ground to make up on rivals and competitors but there is no need to rush things. Spend the first few days of the week just watching and waiting. Your time will come — soon.

♊ Gemini
May 22 - June 21
You will gain a lot more respect today if you are direct with people. Forget about being polite, just say what needs to be said. You don't have time to worry about people's precious feelings.

♋ Cancer
June 22 - July 23
Don't choose the easy option just because you cannot be bothered to make much of an effort. If you let things slide now you will only have to work twice as hard later to make up for lost time. Be sensible.

♌ Leo
July 24 - Aug. 23
You must not let your standards slip today. If you do, others will use that as an excuse to give less than they should. Always be a good example and do your very best.

♍ Virgo
Aug. 24 - Sept. 23
If you slow down to think about what you are doing today you run the risk of stopping altogether. Keep your momentum going and keep moving towards your goal.

♎ Libra
Sept. 24 - Oct. 23
You may be tempted to highlight something you know a friend would be embarrassed by. It might be worth a laugh but what would it do to your relationship? Keep it to yourself.

♏ Scorpio
Oct. 24 - Nov. 22
Steer clear of financial matters that have nothing to do with you. If you allow yourself to be drawn into a situation you know little about at best you will gain nothing — and you may lose a lot.

♐ Sagittarius
Nov. 23 - Dec. 21
Any disagreements you may be having will be short-lived, so don't place too much importance on them. This may even be one of those occasions when drama brings you closer to the ones you love.

♑ Capricorn
Dec. 22 - Jan. 20
The planets are urging you to aim high, even if your resources are low. The bigger your plans, the harder you will work and the more likely it is you will attract the opportunities you need to grow.

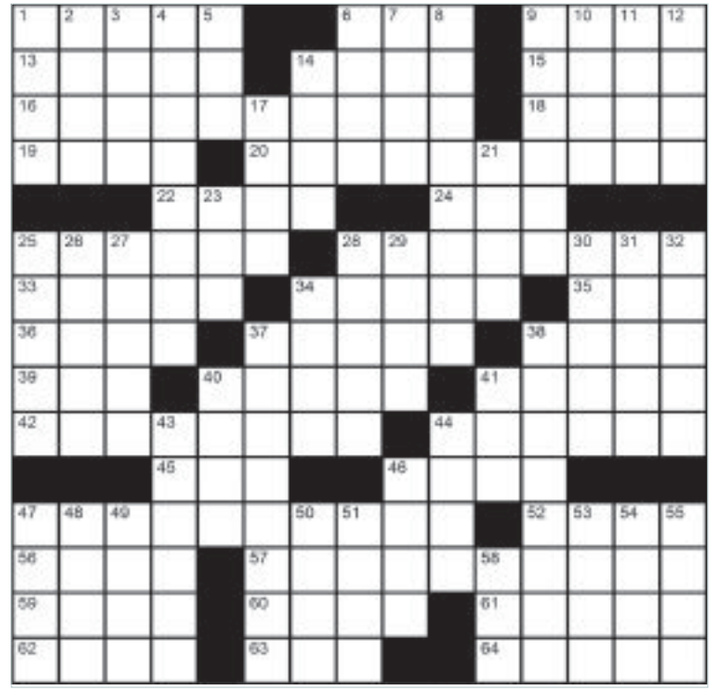
♒ Aquarius
Jan. 21 - Feb. 19
It's OK envy others' achievements as it encourages you to do better. Over the next few days, you'll be inspired to copy someone you look up to. Soon others will be copying you.

♓ Pisces
Feb. 20 - March 20
A windfall of some kind helps you believe Lady Luck is on your side, which in turn makes it easier to take calculated risks that improve your chances of success. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

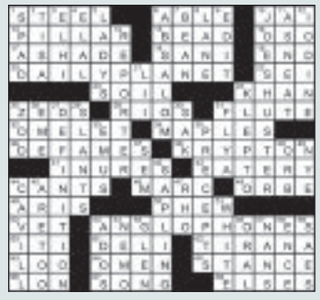
BY KELLY ANN BUCHANAN



Across
1. Archibald __ (Cary Grant's birth name)
6. Martin Scorsese's occ.
9. Actress Ms. Irving's
13. New Delhi's country
14. Skipper's need
15. Church area
16. The Lord's trophy: 2 wds.
18. Ms. Cannon (Fourth wife of #1-Across)
19. Bride-__-__
20. CN Tower's 360 __
22. Cons opposites
24. Wrath
25. 1936: For whom King Edward abdicated the throne, __ Simpson
28. Ontario city on the St. Lawrence River
33. Brit singer, Lily __
34. Changes residence
35. Baseball's Astros, on scoreboards
36. Linen-making fibre
37. Sulked
38. Nerd
39. Mr. Hanks
40. Downy duck
41. Canadian actress Ms. Eastwood
42. Surprised suddenly
44. Chef Gordon __ of FOX's "Hell's Kitchen"
45. Blue stuff on paper
46. Rave about
47. Ontario town in The Tragically Hip song that starts "I left your house this morning..."
52. Hasbro toy brand
56. Beehive State
57. _ rafting
59. Get up
60. Chocolate bar
61. Acclaimed choreographer, Alvin __
62. Disapproving utterances
63. "__-haw!"
64. Tomato plant support

Down
1. Itemize
2. Prefix to 'mology' (Study of insects)
3. Small amount that'll do ya: 2 wds.
4. Canadian movie theatres company
5. "2001: A Space Odyssey" (1968) computer
6. Physicians, e.g.
7. '50s song: "_ __ a Spell on You"
8. Fixed
9. Brother of Prince Charles
10. Poet Ms. Angelou
11. Mr. Cournoyer, Hockey Hall of Famer
12. Dispatched
14. Deli breads
17. Greek Myth: God of love
21. Vases
23. __ Tin Tin
25. Drifts through the air
26. Dispense
27. Cud-chewing creature
28. Got by
29. Finished
30. Nautical greetings!
31. 1869 R.D. Blackmore novel, __ Doone
32. Great Big Sea song that goes "...boat is painted green / Ha, me boys!"
34. Style
37. Earth's galaxy: 2 wds.
38. Canadian singer/songwriter Ms. Doyle
40. Cirneco dell'__ (Dog breed)
41. Affirmatives, in Austria
43. Wealth
44. Old Scandinavian symbol
46. Attend: 2 wds.
47. Mr. Reynolds
48. Mr. Redding
49. Relish
50. Clarified butter
51. Dublin's land
53. Fun French song bit: "..._ __ tete, Alouette..."
54. Stink
55. Canadian literary critic, Northrop __
58. Used to be

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1		3		6		9	2	
	7	2						
			8					6
2		4	5					
3			7		1			8
					9	2		1
5					4			
						8	7	
	3	9		1		6		5

Friday's Sudoku

7	4	9	5	2	6	8	3	1
6	2	8	1	3	9	5	7	4
5	1	3	7	4	8	2	6	9
4	8	2	3	5	7	1	9	6
3	6	1	8	9	2	7	4	5
9	7	5	6	1	4	3	2	8
1	5	7	9	6	3	4	8	2
2	3	6	4	8	5	9	1	7
8	9	4	2	7	1	6	5	3

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